

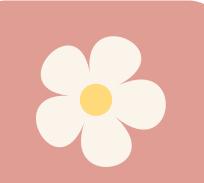
TODAY I WILL DO MY BEST



I can take a big breath and ask for help. EVERYONE MAKES MISTAKES. I CAN TRY AGAIN.



I am marvelously and wonderfully made! Psalm 139:14



I CAN LEARN AND GROW EVERY DAY.



I can do all things through Christ who strengthens me. Phil. 4:13



I WILL BE PATIENT WITH MYSELF AND OTHERS.





I will encourage myself in the Lord.



God sees me, knows me and loves me!



TODAY IS A NEW DAY! God made me and He loves me very much!



3 THINGS I AM THANKFUL FOR...



I can solve problems and can ask for help if I need it. TODAY I WILL FIND SOMETHING THAT MAKES ME SMILE.



I can choose what is true, honest and excellent.





I AM KIND TO MYSELF AND OTHERS.