



# Counselling Services

By Peaceful Waters offers a variety of services for separated or divorced couples who require coaching or assistance to alleviate conflict relating to parenting.

Counsellors with extensive training in conflict resolution and child development, as well as great working relationships with lawyers and a strong knowledge of the legal system, are able to offer an unbiased perspective on the conflict. The purpose of these services, used alone or in conjunction with one another, is to give parents the tools they need to resolve conflict and ultimately to shield children from ongoing disagreements about custody, access, and other parenting decisions. These services are often more time efficient and cost effective than returning to court.



## Parenting Coaching

Parenting Coaching is a short-term and proactive solution to developing a parenting relationship in which conflict is minimal and any conflict that does arise is dealt with quickly and efficiently.

The coaching process aims to equip parents with improved communication and problem-solving skills, and to subsequently empower them to implement changes in their relationship without involving lawyers or the court.



## Parenting Plans

A Parenting Plan establishes the finer details of custody arrangements, including how ... time will be divided between the parents, who the children will live with and when, and how to share holidays, among others.

This process will equip parents to come to an agreement on the outstanding issues, and assist them in dealing with the implications of the agreement once it is implemented. The staff at By Peaceful Waters have extensive training in child development and are often a much more financially viable alternative to a lawyer.



## Custody and Access Assessments

A Custody & Access Assessment (or Section 30 Assessment) is performed in cases where it has been difficult to establish a Parenting Plan. The experts at By Peaceful Waters can offer an unbiased third party perspective on the family, and will offer recommendations based on conversations with both parents, observations of the children, and interviews with professionals.



## Additional Services

By Peaceful Waters offers a full range of professional services for families, individuals and companies.

### These services include:

- Counselling
- Life Coaching
- Team Development
- Career Consultations
- Psychological Services
- Educational Presentations & Motivational Seminars
- Clinical Supervision
- Specialized Therapies for Children, Adolescents and those with Special Needs



For more  
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## Parenting Resources & Parenting Plans



Parenting Coaching  
Parenting Plans  
Custody & Access Assessments

