

# Parenting Coordination

Parenting Coordination is a proactive approach to developing a parenting relationship in which conflict is minimal and any conflict that does arise is dealt with quickly and with a focus on the health and well-being of the children in question.

Typically implemented after a settlement, the parenting coordination process aims to equip parents with improved communication and problem-solving skills as well as enhanced knowledge of child development principles, and to subsequently empower them to implement these changes in their relationship without involving lawyers or the court.



Parenting Coordination is an alternative dispute resolution service for high conflict separated/divorced couples.

## The Benefits of Parenting Coordination

The first priority of the Parenting Coordinator is the child or children of the parents in conflict. Parenting Coordination is preventative work that focuses on keeping parents from court and ensuring children are shielded from conflict. Parenting Coordinators are trained in conflict resolution, mediation, and child development, among other disciplines, and are often a more financially viable option than retaining a lawyer.

The process may be helpful in situations where the parents remain very angry at each other and consequently have difficulty sharing information about their children in a child-focused manner. It may also be useful in families where one or both parents have concerns about stability, drugs, alcohol, abuse, or power imbalance.

Parents may also benefit from Parenting Coordination to facilitate interim arrangements when they are separated but are both still living in the same home, or to implement adjustments to schedules and the overall parenting plan to accommodate the changing needs of children as they grow.



## How Parenting Coordination Works

The Parenting Coordinator (PC) is typically kept on retainer for a period of 12-24 months, during which time he or she will meet with the parents (and occasionally the children) on a regular or as-needed basis.

When a dispute arises, the PC will provide coaching, support, and facilitation. If the parents cannot reach an agreement, they can ask the PC to make a binding decision, based on information from the parents, children, and other professionals (doctors, teachers, therapists, etc.) where necessary.



## Additional Services

By Peaceful Waters offers a full range of professional services for families, individuals and companies.

### These services include:

- Counselling
- Life Coaching
- Team Development
- Career Consultations
- Psychological Services
- Educational Presentations & Motivational Seminars
- Clinical Supervision
- Specialized Therapies for Children, Adolescents and those with Special Needs



For more  
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Alternative Conflict  
Resolution for Parents